

Psychological State Measure: Bundled Version (RTSM-B)

Instructions for Respondent:

Not everyone is motivated by the same things. In fact, the same person may be motivated by different things at different times, depending on the situation or their state of mind. You will be shown pairs of statements. You decide which of the statements in each pair best describes what you wanted immediately before taking this survey.

The following are some groups of statements that may describe what you wanted immediately before taking this survey. For each group, please indicate which statement best describes your motivation at that time. There are no right or wrong answers, and no particular response is better than any other. Please indicate which ONE group of statements best describes your motivation immediately before taking this survey.

I WANTED TO... (Choose ONE)^a

- Accomplish something for the future
- Do something serious
- Do something crucial

- Enjoy myself at the moment
- Do something playful
- Do something of no great concern

I WANTED TO... (Choose ONE)

- Do what I'm supposed to do
- Do what's expected of me
- Do my duty

- Do what I'm not supposed to do
- Do the opposite of what's expected of me
- Be defiant

I WANTED TO... (Choose ONE)

- Be powerful
- Be in control
- Dominate

- Help others to succeed
- Help others to be powerful
- Strengthen others

- Be cared for
- Be helped
- Be looked after

- Care for others
- Show consideration for others
- Be loving towards others

Programming Instructions

Items should be presented in random order. When possible, anchors should also be randomly assigned to left and right positions.

Scoring Instructions

Determine the respondent's state within each pair, based which bundle of items they select using the key shown in italics below.

A set of sample responses are shown below. This individual is classified as being in the telic, negativistic, and autic-sympathy states.

I WANTED TO... (Choose ONE)

- Accomplish something for the future
- Do something serious
- Do something crucial

 Telic

- Enjoy myself at the moment
- Do something playful
- Do something of no great concern

 Paratelic

I WANTED TO... (Choose ONE)

- Do what I'm supposed to do
- Do what's expected of me
- Do my duty

 Conforming

- Do what I'm not supposed to do
- Do the opposite of what's expected of me
- Be defiant

 Negativistic

I WANTED TO... (Choose ONE)

- Be powerful
- Be in control
- Dominate

 Autic-Mastery

- Help others to succeed
- Help others to be powerful
- Strengthen others

 Alloic-Mastery

- Be cared for
- Be helped
- Be looked after

 Autic-Sympathy

- Care for others
- Show consideration for others
- Be loving towards others

 Alloic-Sympathy

Resulting data will be three nominal variables. Two are dichotomous: telic versus paratelic and conforming versus negativistic. One is a four-category nominal variable representing the crossed pairs of transactional states (autic-mastery, autic-sympathy, alloic - mastery, alloic-sympathy).