Psychological State Measure: Bundled Version (RTSM-B)

Instructions for Respondent:
Not everyone is motivated by the same things. In fact, the same person may be motivated by
different things at different times, depending on the situation or their state of mind. You will be
shown pairs of statements. You decide which of the statements in each pair best describes what
you wanted immediately before taking this survey.

The following are some groups of statements that may describe what you wanted immediately
before taking this survey. For each group, please indicate which statement best describes your
motivation at that time. There are no right or wrong answers, and no particular response is better
than any other. Please indicate which ONE group of statements best describes your motivation
immediately before taking this survey.

I WANTED TO... (Choose ONE)\(^a\)

<table>
<thead>
<tr>
<th>Accomplish something for the future</th>
<th>Enjoy myself at the moment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do something serious</td>
<td>Do something playful</td>
</tr>
<tr>
<td>Do something crucial</td>
<td>Do something of no great concern</td>
</tr>
</tbody>
</table>

I WANTED TO... (Choose ONE)

<table>
<thead>
<tr>
<th>Do what I’m supposed to do</th>
<th>Do what I’m not supposed to do</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do what’s expected of me</td>
<td>Do the opposite of what’s expected of me</td>
</tr>
<tr>
<td>Do my duty</td>
<td>Be defiant</td>
</tr>
</tbody>
</table>

I WANTED TO... (Choose ONE)

<table>
<thead>
<tr>
<th>Be powerful</th>
<th>Help others to succeed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Be in control</td>
<td>Help others to be powerful</td>
</tr>
<tr>
<td>Dominate</td>
<td>Strengthen others</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Be cared for</th>
<th>Care for others</th>
</tr>
</thead>
<tbody>
<tr>
<td>Be helped</td>
<td>Show consideration for others</td>
</tr>
<tr>
<td>Be looked after</td>
<td>Be loving towards others</td>
</tr>
</tbody>
</table>
Programming Instructions
Items should be presented in random order. When possible, anchors should also be randomly assigned to left and right positions.

Scoring Instructions
Determine the respondent’s state within each pair, based which bundle of items they select using the key shown in italics below.

A set of sample responses are shown below. This individual is classified as being in the telic, negativistic, and autic-sympathy states.

I WANTED TO… (Choose ONE)

- Accomplish something for the future  
- Do something serious  
- Do something crucial  

☐ Telic

- Enjoy myself at the moment  
- Do something playful  
- Do something of no great concern  

☐ Paratelic

I WANTED TO… (Choose ONE)

- Do what I’m supposed to do  
- Do what’s expected of me  
- Do my duty  

Conforming

- Do what I’m not supposed to do  
- Do the opposite of what’s expected of me  
- Be defiant  

☐ Negativistic

I WANTED TO… (Choose ONE)

- Be powerful  
- Be in control  
- Dominate  

☐ Autic-Mastery

- Help others to succeed  
- Help others to be powerful  
- Strengthen others  

☐ Alloic-Mastery

- Be cared for  
- Be helped  
- Be looked after  

☐ Autic-Sympathy

- Care for others  
- Show consideration for others  
- Be loving towards others  

☐ Alloic-Sympathy

Resulting data will be three nominal variables. Two are dichotomous: telic versus paratelic and conforming versus negativistic. One is a four-category nominal variable representing the crossed pairs of transactional states (autic-mastery, autic-sympathy, alloic-mastery, alloic-sympathy).